



**Save** the Date.  
**Reserve** Your Spot.  
Gain **Perspective**.

Join us for a day of training, education and insight.  
Stress Kills. Don't be the next victim.

Sponsored by the CCPOA Benefit Trust Fund





**CCPOA Benefit Trust Fund**  
2515 Venture Oaks Way, Suite 200  
Sacramento, CA 95833-4235  
[www.ccpoabtf.org](http://www.ccpoabtf.org)



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**A special one-day FREE event is coming to your area. Please join us!**

*We urge all C/Os and their Significant Others to attend. No one under 18 admitted.*

**RESERVE YOUR SPACE TODAY.**

Registration/Details: [ccpoabtf.org/MentalWellness](http://ccpoabtf.org/MentalWellness)

*Where:*

**Crescent City - Tuesday, J**

*When:*

Free Coffee. Free Swag. Free Lunch.  
MENTAL HEALTH AWARENESS FOR C/Os.

**SCHEDULE:**

**8:00–8:30** – Check-In  
**8:30–12:30** – The Resiliency Project  
**12:30–1:30** – Lunch  
**1:30–2:30** – Ferrone Law Group  
**2:30–2:45** – Benefit Trust Fund



TRUST MHA SITE

**Scan to Register**

Questions?  
Call the Trust  
(916) 779-6300